



DR. CHARLES A. MESSA, III

OPERATING ROOM STYLE Relaxed yet focused **ALTERNATIVE OCCUPATION** Artist or painter **PLACE YOU GO TO ESCAPE THE OFFICE** I love my work so much that I never feel the need to escape **FRAMED PHOTOS ON YOUR DESK** My children **HOBBIES** Drawing and painting **I START EACH DAY** Thanking God and asking him for guidance **I'M NEVER WITHOUT** My sense of humor **RIGHT NOW I'M READING** You—The Owner's Manual, by Michael F. Roizen and Mehmet Oz **I WOULD LOVE TO OWN** A villa in Sorrento, Italy

BREAST PRACTICES

Breast augmentation remains one of the most requested cosmetic surgery procedures, especially among Dr. Messa's patients. Whether patients are dissatisfied with their natural breast size or have lost volume and shape due to pregnancy or aging, Dr. Messa performs **BREAST AUGMENTATIONS** to help patients feel better about themselves and **IMPROVE BREAST SHAPE**. To provide the highest quality of care, Dr. Messa believes that increasing cup size is far from the only consideration when the desired outcome is **BEAUTIFULLY PROPORTIONED**—not just bigger—breasts. He focuses on the patient's overall anatomy to help ensure his results are customized to each patient's needs. "It's essential to consider the patient's frame, including the amount of existing breast tissue, the distance between the breasts, and the chest shape," says Dr. Messa. "It's the individual complexity of each person that makes this such a creative field." Regardless of whether he is performing a breast augmentation, a facelift or an eyelid lift, Dr. Messa's underlying mission is to ensure that the patient has a **NATURAL-APPEARING OUTCOME**. "My goal is to create results that complement each patient's body and surgical goals."

INSIDE INFORMATION

compassionate care

The bedside manner of Dr. Charles A. Messa, III, is often compared to that of a dedicated family practitioner. While his warm demeanor puts even the most apprehensive at ease, this skilled plastic surgeon's sincere quest for serious self-improvement and emphasis on comprehensive, personalized care further enhance his appeal.

"I carefully weigh each patient's goals to determine the external enhancements and internal, structural corrections that will produce the desired results," explains Dr. Messa, who is certified by the American Boards of Surgery and Plastic Surgery. "The most important thing is to listen to what the patient wants and then honestly assess what the patient actually needs. My goal is to strike a balance between the desirable and the achievable, and then tailor my approach to develop an individualized treatment plan." Furthermore, all of Dr. Messa's procedures are performed to help the patient improve his or her physical appearance, self-esteem and quality of life.

Patient safety is at the heart of Dr. Messa's practice. Patients undergo a thorough preoperative exam to evaluate their general systemic health and to determine their candidacy for elective procedures. Surgeries—such as breast augmentation, body contouring and facial rejuvenation procedures—are performed at Dr. Messa's on-site, certified surgical center, "Quad A," where he works only with board-certified anesthesiologists. Patients can recuperate at the facility's overnight recovery center, receiving frequent visits from Dr. Messa and two devoted nurses. "I want all patients to feel as if theirs is the only surgery on my calendar for the week," he says. "It's really important that I'm their doctor first and their surgeon second."

BOARD CERTIFICATION

American Board of Surgery
American Board of Plastic Surgery

MEDICAL DEGREE

Pennsylvania State University
College of Medicine

GENERAL SURGERY INTERNSHIP AND RESIDENCY

University of Massachusetts
Medical Center

PLASTIC AND RECONSTRUCTIVE SURGERY FELLOWSHIP

University of Pennsylvania
Medical Center

AFFILIATIONS

Fellow, American College of Surgeons
American Medical Association
American Society for Aesthetic Plastic Surgery
American Society for Laser Medicine and Surgery
American Society of Plastic Surgeons
Florida Medical Association

PROCEDURES PERFORMED

Abdominoplasty
Blepharoplasty
Breast Augmentation
Facelift
Liposuction

LOCATION

Weston, Florida
954.659.7760

WEB SITE

www.westoncosmeticsurgery.com

"I'm continually honing my craft to provide each patient with the best possible outcome."

—CHARLES A. MESSA, III, MD, FACS